



Swimming Pools

SafeTips from the Naval Safety Center

Quick and easy summaries to find out about something new you're doing or as a refresher for something you haven't done in a while. They're a great training tool to pass around at meetings, through e-mail, or post on bulletin boards.

- ♡ If you're at a pool with children who are either very young or who can't swim, don't leave them alone, even if they aren't in the water.
- ♡ If you are taking care of an infant or toddler, don't let them out of arm's reach.
- ♡ Learn a little about rescue swimming and take a CPR course. You never know when you might have to rescue someone.
- ♡ Fence the pool. Most places have strict, detailed rules about fences and gates. A common rule is that the gates automatically close and latch, and that the latch is too high for small children to reach. Enclose the pool completely with a self-locking, self-closing fence with vertical bars. Other rules for fences may specify the allowable gap between the boards or bars, and may call for alarms on doors leading to the pool.
- ♡ Make sure you have life preservers handy.
- ♡ Inflatable "swimming aids" are little more than toys. Non-swimmers who use them may literally get in over their heads. If they are depending on an inflatable device that either deflates or gets away from them, they're in trouble.
- ♡ Most kids aren't physically and mentally prepared to learn to swim until they are at least four years old.

www.public.navy.mil/navsafecen/pages/media/index-safetips.aspx



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